

What should I do if my child's dietary needs change?

If the adapted menu is no longer required, or if your child's dietary requirements change at any time during the school year, please contact their school.

Where can I get more detailed information about the school meals menu?

www.tayside-contracts.co.uk/school-catering

Adapted menu information

Including

Nut, peanut & sesame allergy declaration

Can I manage my child's diet myself ?

Yes and there is a variety of relevant information available on the Tayside Contracts website which you can view at:

[Allergen and Nutrition Information Gateway](#)

A copy of the school menu can be found here:

www.tayside-contracts.co.uk/schoolmeals



Nursery, primary & secondary school meals can be adapted to cater for children with a variety of dietary needs. We can also provide meat-free, pork free and vegan adapted menus. Secondary school pupils are encouraged to manage their own dietary requirements, however if additional support is needed, the Adapted Menu Request Form should be completed. The provision of a secondary adapted menus can be extended from primary if the pupil is already registered.

Need a form?

For children on a medically prescribed diet, or who have a sesame, nut and/or peanut allergy please complete the area specific

[Adapted Menu Request Form](#)

and send it to the school.

Questions and Advice

What is a medically prescribed diet?

A medically prescribed diet is one which has been prescribed by a medical professional.

What do I have to do to ensure my child gets a school meal which meets their medically prescribed diet?

Please complete the parent/carer part of the application form, where possible a relevant medical professional should complete section C of the form. The form should then be returned or emailed as instructed.

Are nut, peanut and sesame free school meals available?

The school meals provider (Tayside Contracts) does not knowingly use nuts, peanut or sesame based products in the provision of catering services in schools. However, some products may have been produced in a factory where nuts, peanuts or sesame seeds are used and therefore contamination of these products may occur. Tayside Contracts cannot therefore guarantee that all products are always nut free and peanut free.

What do I have to do to ensure my child with a nut and/or peanut allergy gets a school meal?

It is a parent's/carer's decision to allow their child to attend for school meals if they have a nut, peanut and or sesame allergy.

If you wish them to receive a school meal please complete the disclaimer in the Adapted Menu Request Form and agree an appropriate protocol for the provision of medication with the school.