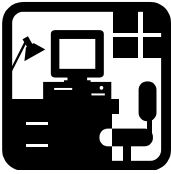


I don't know how to study!



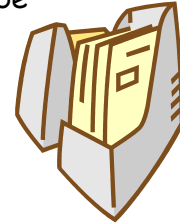
First - Environment



Find a good place to study. It should be comfortable, quiet and warm but not too warm. If you get too cosy you might fall asleep!!

Ask if you can use a desk or a table at home. It would be great if you could keep all your materials there.

If that's not possible, invest in a box file or a magazine file so you can keep everything tidy and together if you have to move it.



Second - Materials

Make sure you have all the materials you need before studying.



- Textbooks
- Folders
- Jotters
- Pens/Pencils
- Highlighters
- Blank and lined paper



Third - Get Organised

Time flies!!

- Plan your time carefully. Use your revision timetable to do this properly.
- Don't study for longer than about 25 minutes to half an hour in any single sitting.
- Take lots of short breaks - but avoid TV, surfing the internet (unless it is study related), chatting online to friends, sending texts or any other distractions. Make yourself a cuppa or have a drink of water and get back to it after about 5 or 10 minutes.

Last - Study Techniques

Over the years you have been introduced to a wide variety of study methods including mind-mapping, mnemonics, memory skills, etc. This is the time to use them all.

Test yourself. Use past papers to practise and ask family members to quiz you. It all helps!

Links to more info:

<http://wikihow.com/Study>

<http://www.ltscotland.org.uk/studyskills/index.asp>