

“I go to Kith’n’Kin and tell them what’s going on with me - listen to what others have to say and go out of there feeling not on my own anymore. I’ve got a better handle on things and definitely feel less stressed.”

Carers quote

“I like going to the group because I get to meet new people. I look forward to it every week.”

Kids quotes

“I get help from my worker to understand things in my life.”

A Confidential Service

Kith ‘n’ Kin offers the highest possible levels of confidentiality in order to respect the family's privacy and create the trust necessary for a positive working relationship.

The project will work in collaboration with families and other agencies to develop a co-ordinated approach to meet the needs of the individual.



Contact Information

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Kith’n’Kin is a support service for **kinship carers** and the **children/young people** they care for.



Are you a Grandparent, Relative, Friend looking after a child as a result of parental drug/alcohol misuse?

Are you in need of support but don't know where to turn?

We can support you and/or the children/young people you care for in a group setting, on a one to one basis, or a combination of both.

Informal Kinship Care

Children who are living with family or friends, where this arrangement has been made privately within the family, or in some circumstances through the court.

Formal Kinship Care

Children who are living with family or friends, where this arrangement has been made because the child is looked after by the local authority, and social work have assessed relatives as Approved Kinship Carers.

Who Are We?

Kith'n'Kin is a joint project between Tayside Council on Alcohol and Aberlour Childcare Trust.

We work with kinship families on a voluntary basis across Tayside.

What do we do?

We provide emotional support, advocacy and advice in a one to one setting for both carers, children and young people.

We also provide activities for the whole family, with the opportunity to meet other families who share similar experiences.

Who are we for?

We are here for kinship carers and the children/young people they care for who have been affected by parental substance misuse in Tayside.

